



# Cat Chat



Cashion High School

April 2009

## Words for Wildcats

By: Mr. Garrison

It is always amazing how fast the time seems to pass. Spring break is behind us and prom is just ahead. This is the time of year for testing and end of the year banquets. These events can cause students to lose focus on continuing to make academic progress. It is important to stay focused and diligent in our endeavors through the very end of school. The great spring weather can make it even harder to concentrate on academics.

As we close out the school year we are in the beginning stages of implementing our bond projects. There is quite a list of items to accomplish before projects can truly begin, but we hope to see construction underway by mid June. The first items to be addressed will be the roofing systems, the gymnasium enhancements, and the restroom remodeling. These projects were slated first based on accessibility of facility and the limited scope of work. While these projects have been placed at the top of the list, we have already held several planning meetings regarding the remodel of the high school library.

In addition to the construction projects, we expect the school activity bus and suburban to be purchased by June 2009. We have also selected a design for new band uniforms that should be ready for our band students this fall. The design is very impressive and something I know our students will wear with great pride.

The process for completing the entire bond project list will be lengthy, but well worth the time and effort. All of the bond projects will make a tremendous impact on our school and our students. On the behalf of our student body, thank you for the yes vote!

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- **Baccalaureate** – Sunday, May 10, ●
- Auditorium, 6:30 ●
- **Graduation** – Friday, May 15, ●
- Gymnasium, 7:00 ●
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## CASHION HIGH SCHOOL CLASS OF 2009 HONOR GRADUATES

- Jordan LaFave–Valedictorian
- Austin Mason–Valedictorian
- Bailey Welch–Salutatorian
- Luke Broadbent–Salutatorian
- Megan Adams
- Kourtney Jenkins
- Sarah Robinson
- Brentney Maroney
- Jessica Brunette
- Ashley Rush
- Alycia Cavazos

\*\*HONOR GRADUATES MUST HAVE A 3.5 OR ABOVE GPA.

**Prom**

**Saturday, April 4th**

**Old Santa Fe Train Depot**

**Guthrie**

**8:00 p.m. to 11:30 p.m.**

# Secondary News

By. Mrs. Oard,  
H.S. Principal

I am always curious about what makes some children more eager to learn than others, why these children endeavor to succeed in school when they encounter setbacks, and why they become student leaders. Recent students have identified a character trait that promotes the resiliency that they exhibit. This simple trait that can be taught at home is gratitude. I believe I see many of our students at school demonstrating gratitude daily. They learned to express gratitude early and it stuck. Way to go Mom and Dad!

So what is gratitude? Gratitude is thankfulness or appreciation of nonmaterial and material things. It can be an appreciation of the concrete (food, shelter, or an iPod) or the abstract (affection, support, or kindness). Students who can recognize what is positive in their lives are happier, bounce back from difficulties, and inspire positive attitudes in others. As adults, we must always continue to model those attributes that will foster the ability of students to lead positive, productive adult lives. Encouraging them to practice gratitude is one skill we can give them now and forever.

## WAYS TO PRACTICE GRATITUDE:

- Slow down and appreciate the present moment
- List your blessings each day-

-particularly the ordinary things

- Honor the special people in your life
- Savor positive memories
- Send a note of thanks when you receive a gift
- Appreciate the special talents you were created with
- Find the lessons in hard times
- Speak up about the good things in the world
- Give thanks for life

<http://www.nancywatters.com/virtuesconsulting/vg3.html>

What am I grateful for? My family, my school family, your children and, of course, a good book to read!

## FCCLA News

Cashion FCCLA will be attending the State Convention at the Cox Convention center in Oklahoma City on Friday, April 3. Following the Convention, our group will travel to Frontier City where it is FCCLA night to enjoy an evening of fun in the park with other FCCLA members from around the State.

Bad weather on Friday kept our local FCCLA Parli Pro team from being able to attend the state competition. We do applaud them for being our district and regional winners and hope to have them continue to compete next year. The students involved were Austin Albro, Austin Hoffman, Umar Sahi, Shantelle Christensen, and Isabella Picon. Congratulations to these students on a job well done!

## Stuco News

We will be going to Crescent for our Spring District meeting. We will be in charge of 2 ice breakers

at the meeting. Executive Officer elections will be held the first part of April and class officer elections will be the following week.

## Cafeteria News

Beginning April 6th, students will no longer be able to charge a lunch for the remainder of the school year. Students receive lunch statements once they fall below \$15.00 at the beginning of each week. You may also access your child's account on the school website. Please feel free to call Kay with any questions you may have at 433-2614 or 433-2575.

## KC for KC

The Cashion High School leadership class and Student Council will be sponsoring a fundraiser for one of our students, Kaycee Evans. Last fall, a tumor was discovered on Kaycee's rib. The tumor was successfully removed with surgery, and she has had to undergo numerous chemo and radiation treatments.

We want to show our support and encouragement for Kaycee by sponsoring several fundraisers.

For our first fundraiser, each student will receive a pill bottle labeled "KC 4 KC". We are asking each student to fill their pill bottle with quarters (each bottle will hold 40 quarters) and return it by Friday, April, 18.

We will also be sponsoring a Dodge Ball Tournament. The entrance fee will be \$50 per team. There will be a money prize for the first place team.

We will have a hat day, any student wanting to wear their hat at school will need to pay \$2.00.

**Help us find a CURE!**

# Hoggatt's Happenings

*How many words are in the English Language? A thousand? A million?*

Last month I shared with you about the influence of Written Words in my series of Five Skills that Children Need in order to be Good Readers. This month I will be writing about Word Power. Learning new words starts early-the names of colors, animals, relatives, and things around the house. A child might pick up some words you use at work, just by hearing you talk. They will certainly learn a lot of new words from watching television, listening to music, and going to school. They will learn most words by hearing and saying them.

Knowing lots of words comes in handy when a child starts to read. Children use the words they already know to make sense of words they see written down. Suppose your child sees the word "courage" in a book. As they sound it out, it might dawn on them that the sounds are making a word he already knows. Knowing the word ahead of time helps him read it faster.

Vocabulary, the knowledge of what words mean. You can start building a child's vocabulary from day one, when you say their name or point to a giraffe in a book (and say "giraffe" out loud). A child needs to know about 1,900 basic words to communicate. Most first graders know about 10,000 words!

How can you help? Building Vocabulary is like building a strong foundation, brick by brick. See a helicopter flying overhead? Having spaghetti squash for the first time? Going to Cincinnati to visit a family member? Point about all of these words everyday (when you go for walks, read the newspaper together, or watch a movie) the world is full of new things to learn and explore. **You are the best tour guide out there!**

If your child lives to the ripe old age to 100, they could learn more than 20 new words a day and never know them all. Of course, no human being knows every single word of English. But the more words a person knows, the better he can read and speak. So are you wondering how many words there are in the English language? Experts say somewhere around-850,000 and its growing everyday☺

In closing I would like to remind you that we will be giving the OCCT State Test for 3<sup>rd</sup> -6<sup>th</sup> graders. Here are some easy to follow suggestions that you can implement at home to increase test scores.

- Make sure your student goes to bed extra early. (30 min.)
- Make sure they are wearing comfortable clothes.
- Make sure your student eats a breakfast high in protein!
- Make sure your student is on time to school.
- Remove any unnecessary activities from your family's schedule in the evenings.

**Here is a copy of the testing schedule so you will be aware of what subjects will be tested on what day.**

April 14<sup>th</sup>-Reading Part 1 (3<sup>rd</sup>-6<sup>th</sup>)

April 15<sup>th</sup>-Reading Part 2 (3<sup>rd</sup>-6<sup>th</sup>)

April 16<sup>th</sup>-Science Part 1 (5<sup>th</sup> only)

April 17<sup>th</sup>-Science Part 2 (5<sup>th</sup> only)

April 20<sup>th</sup>-Social Studies Part 1 (5<sup>th</sup> only)

April 21<sup>st</sup>-Social Studies Part 2 (5<sup>th</sup> only)

April 22<sup>nd</sup>-Math Part 1 (3<sup>rd</sup>-6<sup>th</sup>)

April 23<sup>rd</sup>-Math Part 2 (3<sup>rd</sup>-6<sup>th</sup>)

April 24<sup>th</sup>-MAKE-UP DAY (This is the only make-up day.)

**Other Important Dates to Remember!**

May 1<sup>st</sup>-Muffins for Moms 7:45AM

May 1<sup>st</sup>-Gym Show 8:30AM

Cashion Patrons,

Thank You for all that you do to make Cashion Elementary the best school!

Your Partner in Education,

Mrs. Hoggatt

