



Cat Chat



Cashion High School

November 2008

Words for Wildcats

By: Mr. Garrison

We are already more than one-fourth of the way through the 2008-2009 school year. As a result, the first report cards have been issued and parent/teacher conferences have been conducted. I would like to thank those families that were able to attend conferences. The involvement of parents greatly enhances a child's education. If you were unable to attend the scheduled parent teacher conference dates, please feel free to contact our faculty members. We value your involvement and support in the education process.

We have put the finishing touches on the cafeteria expansion. The final product has really turned out to be beautiful. The gym floor has also been stripped down, repainted, and refinished. It too looks really impressive. We will soon be adding a canopy between the new high school and the original facility with some of our remaining bond funds.

We, as a school, are grateful for the support of our patrons. As Thanksgiving approaches, I find that we have much to be thankful for at Cashion. The education foundation has scheduled campus improvement workdays to enhance the appearance of our grounds and buildings. The Cashion Education Foundation has also awarded close to \$12,000 to our staff members through grants. The Cashion Junior Athletic Association has donated more than one hundred trees to be planted on our campus. The Cashion Parent/Teacher Organization continues to work to provide supplies, grants, and volunteers for our schools. Our booster clubs have organized and worked at numerous events to support our extracurricular organizations. Our patrons have supported our bond issues which have led to major facility improvements.

We indeed have much to be thankful for here at Cashion schools. The funds that are raised are vital to the success of our programs for our students. However, it is the people that make the difference. The attitude of benevolence, the volunteerism, the dedication, the

genuine care and concern for our school, our programs, our staff, and most importantly, our students set our district apart and above others throughout the state. It is truly an impressive example from which our students not only benefit but also learn.

Thank you. I hope your Thanksgiving is great, restful, and spent with loved ones.

*We make a living by what we get, we
make a life by what we give.*

— *Sir Winston Churchill*

Food Drive

The leadership class is sponsoring a community food drive in conjunction with Bedlam Day. We are doing this in hopes that more people will donate canned or boxed goods. There will be two boxes in front of the office in the new school that will be decorated for either OU or OSU. You bring your food for whichever team you are cheering.

For the school who has the most canned or boxed goods, those students wearing that school's colors on Tuesday, November 25 will get an ice cream sandwich. The food drive starts on November 10 and ends November 24. Bring your canned or boxed goods in support of your team and to help the local community.

Cashion Bowling Team

Coaches Lori Allen, Greg Aldridge and Meaghan Scott held the first team meeting Wednesday, October 29. Currently we have enough students to have a guys and girls team of eight members each. We will go to try outs in Guthrie on Thursday, November 6. Competition starts December 5 and goes through February 28 (when we take state!).

Secondary News

By. Mrs. Oard,
H.S. Principal

Often our school day seems as though it is over as soon as it started. The time simply flies by. So many events occur during the seven hours that a student attends classes at Cashion High School. While the expectation is a focus on academics, we also take seriously the responsibility we have to the social and emotional learning of our students. All students are enrolled in math (my favorite class), English, science, social studies, etc. but did you know that students have opportunities to have other experiences at school?

In September, we celebrated Constitution Day in recognition of the work of the country's founding fathers. The month of October kicks off a particularly busy period. Students have participated in Red Ribbon Week activities as we strived to help them make good choices about the use of inappropriate substances. The slogan for the Red Ribbon Coalition this year is "No Use of Illegal Drugs, No Illegal Use of Legal Drugs." The first week of November, your child will have the opportunity to cast their ballot in a mock presidential election. Many rousing debates have taken place on campus as students researched political issues and their candidates. The second week of November brings Veterans Day to us. We will begin the day with a breakfast for the veterans in our community.

Student Council members and students enrolled in our Leadership course have planned a ceremony to recognize those men and women who have served in the armed forces and those currently in the service of our country. Our students will wrap up November with the Bedlam Food Drive for those less fortunate in our community who need a helping hand.

All of these events are prepared and led by our students under the direction of the Student Council sponsor and Leadership instructor, Mrs. Nancy Chandler. I am amazed at the amount and quality of work these students do. Mrs. Chandler provides valuable structure and guidance for this generous and creative group of young adults. As they develop leadership and team skills, the remainder of the student body benefits from participation in these events. As difficult as it is each May to graduate another group of seniors, we know that providing them opportunities to practice charitable giving, to recognize heroism, and to exercise the power of the ballot is great preparation for life away from CHS.

Academic Team Makes Good Showing at District Seeding Tournament

The Academic Team won two games and lost one at the District Seeding Tournament hosted by Cashion High School on Monday, October 27. The team fell only one question short in the lone loss to Okarche. The two wins came against Calumet and Coyle.

The performance placed Cashion

as the second seed in the district.

The team will compete against Kingfisher and Okarche on November 13 at Kingfisher High School for a conference triad. Also, the team will compete in the Regional Tournament on November 15 at Pioneer-Pleasant Vale.

BPA Officers Attend Conference

By: Nolan Reasnor, Reporter

On October 20, 2008 the BPA officers attended the annual BPA Fall Leadership Conference. Officers attending the conference were Jarrel Kadavy, Brian Kliewer, Courtney Conrad, Nolan Reasnor, and Mrs. Gruntmeir. The conference was held at Oklahoma City University in Oklahoma City.

While there, the officers participated in many activities that were leadership based. After the activity period, a presentation was given by Dr. Vince Orza. Dr. Orza is currently the Dean of the Meinders School of Business at Oklahoma City University. He spoke about his ups and downs of life in his journey to his current position. The event was informative and taught many leadership traits that can be used in the future.



****Counselor's Corner****

By Meagan Scott, Counselor

As a school counselor, parents often ask me what they should know about each year and what their student should be doing to prepare for college. Below are information and tips for each year:

9th Grade (Freshman)

- Take challenging courses
- Get involved in extracurricular activities-sports, band, academic clubs, and church activities
- Your GPA (Grade Point Average) and credits begin to count towards graduation this year
- Begin a resume of awards and activities
- Volunteer-Universities/Colleges are looking for a well-rounded student
- Sign up for Oklahoma Promise at www.okpromise.org if you qualify or see, if you haven't already done so.
- Start researching and thinking about which university/college you might attend
- Explore careers

10th Grade (Sophomore)

- Continue to take challenging courses
- Take the PLAN test(ACT's comprehensive assessment)
- Sign up for Oklahoma Promise at www.okpromise.org -Students must be signed up by June 30th of their sophomore year to qualify
- Take the ACT /SAT
- Keep up involvement in extracurricular activities in and out of school
- Keep resume updated
- Continue researching universities/colleges. Visit a few you are interested in during school breaks
- Attend summer programs at colleges that interest you

11th Grade (Junior)

- Junior Year is an important year
- Attend college fairs and visit as many schools as possible
- Take the PSAT in October (Preliminary SAT/National Merit Scholarship Qualifying Test). This is the year you can qualify to be a National Merit Scholar
- Take the Practice ACT given by Cashion High School-use your answer sheet and test booklet (which is given back with your results) to study for the ACT.
- Take the ACT/SAT-sign up for a prep class if you need it
- Narrow your list of college choices
- Register with the NCAA at www.ncaastudent.org if needed
- Update your resume, prepare an athletic resume if needed
- Continue updating your resume, keep your grades up, and continue to volunteer
- Shadow or intern with someone in the career you are interested in

12th Grade (Senior)

- Continue to take rigorous courses your senior year and don't slack on courses or grades. College/Universities look for this on admission and scholarship applications
- Check your transcript to make sure everything is correct
- Register to take the ACT/SAT in the fall
- In the first nine weeks -complete applications for admission, housing, and scholarships
- Apply for as many scholarships as you qualify for-numerous scholarships are given at the local, state, and national level
- Visit my link on the school's website to keep updated with the most recent college scholarship opportunities
- Make copies of each scholarship that you apply for and keep in a file noting when decisions should be expected about the scholarship
- If a recommendation letter is needed ask those who you want to write them several weeks in advance and give them a copy of your resume
- Make your last visit to your top university choices
- Parents and students must both apply for a pin from the government if applying for financial aid-apply at www.pin.ed.gov
- File the FAFSA (Free Application for Federal Student Aid) at www.fafsa.ed.gov as soon as possible after January 1. Submit by March 1 for state aid and by May 1 for Federal Aid
- If needed, make an appointment and meet with the college/university's financial aid office.
- In the last nine weeks-students should review college acceptance, scholarship and financial aid offers
- Sign and return award letters, if applicable by due date

Yearbooks Offered Through The Mail And Online

An Easy Method to Purchase Yearbooks!

Cashion Schools is offering a great way to purchase the best book-of-the-year, the Cashion Public School's yearbook directly through the mail or online.

In a partnership with Jostens, our yearbook printer, we are offering a program for purchasing yearbooks from the home. This simple method will eliminate the need for students to bring money to the school and allow parents the opportunity to discuss purchase decisions with students at home. Yearbook purchases will be made through the mail, Internet or by simply calling a toll-free service hotline, 1-866-282-1516. Additionally, a special feature of this program allows parents the option of an installment payment plan.

In November, students enrolled will receive complete details on the Cashion yearbook, available options and ordering instructions. The cost of the yearbook is

\$35 and may be purchased directly from Jostens, or you can bring a check to Mrs. Gruntmeir in the high school. The cost increases to \$40 after April 30.

FCCLA Star Events Approaches

FCCLA will be taking seven students to Star Events in Enid on Thursday, November 6, 2008. We are currently selling cookies before school and before 3rd hour, and at lunch if any are left over. The price for the cookies is the same as last year. It is \$1.00 per package of two Otis Spunkmeyer cookies. Come by and purchase a package of cookies when you smell them baking.

FCCLA members please sign up to bake cookies before school. The money raised helps lower the cost of the state convention and Frontier City. State Convention is scheduled at the Cox Convention Center and Frontier City on April 3, 2009.

USED INK CARTRIDGES

**PLEASE HELP US BY DONATING YOUR OLD AND
OUT OF SERVICE CELL PHONES AND EMPTY LASER
AND INKJET PRINTER CARTRIDGES!**

**WE CAN COLLECT AND EXCHANGE OLD CELL
PHONES AND EMPTY CARTRIDGES FOR FREE
COMPUTER EQUIPMENT!**

**PLEASE DONATE THE ABOVE TO MRS. CINDY
GRUNTMEIR AT THE HIGH SCHOOL.**

Hoggatt's Happenings

According to the Oklahoma State Health Department's October Update, nearly 1/3 of all students in Oklahoma are a bully, a bullying victim, or both. Bullying can have a negative impact on a child's education and health. Chronic victimization by bullies is associated with lowered academic performance, increased health and social problems. Bullying may also result in consequences for the bully, the bystander and the faculty. In an effort to keep our school safe and as your partner in education, I want to provide you with some tips to keep our students bully free.

*If you want to stop bullying, you can: *refuse to join in *refuse to watch *speak out ("Don't treat him/her that way!") *report any bullying you know about or see *stand up for the person being bullied *be a friend to the person being bullied *make an effort to include students who are normally left out or rejected and *distract the bully so he/she stops the bullying behavior.*

If you have any questions or concerns about bullying please call me at school, 433-2614.

On a different note, I would like to communicate how much we appreciate the many volunteers we have at school. I can say with confidence that we have the best parents any school could ever want. We have teams of volunteers at school working on different projects all the time. If you are interested in volunteering here at school our librarian, Tara Hixon, is looking for volunteers. Second, if you are interested in substitute teaching or substituting in the cafeteria please see Stephanie White in the Superintendent's office. Lastly, PTO has changed the dates of their monthly meetings. They are as follows; November 17, December 15, January 13, February 10, March 10, April 14, and May 4.

As you look at our November calendar you can see that we have many activities going on here at school; Fall Book Fair, Fifth and Sixth grade Basketball, Veterans Day Assembly, Family Reading Nights, Thanksgiving...We are thankful for such a wonderful school!

Your Partner in Education,

Mrs. Hoggatt

Leadership class sponsors variety of events

By: Erik Robinson

The Leadership Class has been working really hard the last couple of weeks. To bring awareness to Red Ribbon week pencils, suckers, and ribbons campaigning against drugs were passed out. The class has planned to sponsor “The Bedlam Food Drive” November 10 through the 24, to provide canned foods for the community. Come donate and support the school of your choice OU-OSU.

As a reminder, Veterans Day is November 11. There will be a breakfast for the Veterans in the cafeteria from 8 to 8:30 a.m. There will also be an assembly and a performance by the Cashion High School Band.

In conjunction with the second grade elementary class, the Leadership class has also been collecting paper from classrooms for recycling and will continue to do this until the end of the school year.